



Wharfedale RUFC

Mini & Junior Teams COVID-19 Advice & Guidance

Please find below advice and guidance for parents, carers, coaches and players of age grade rugby, and visitors from other clubs.

This advice is valid whilst training and playing both at home and away.

- Do not travel to rugby if you have any signs or symptoms of COVID-19, i.e. a raised temperature, persistent cough or loss of taste or smell.
- Wearing a mask before & after training or playing is recommended. If appropriate, wear a mask when travelling to and from a fixture. Travel with the minimum number of people (i.e. 1 parent/ carer per child, not the whole family) to avoid overcrowding at clubs and pitch side.
- Make sure you register when you arrive at the ground have a temperature check.
- Always maintain a high standard of facial and hand hygiene, both on & off the field.
- Look after your mouth guard. Do not share it with anyone else. If you remove it from your mouth, make sure you clean your hands before resuming play. Keep it in its case when not in use.
- Do not share water bottles; be responsible for your own bottle at all times.
- The use of changing rooms is not permitted under government rules this time. Please come ready to play rugby when you arrive at the ground.
- Maintain social distancing when you can, both off the field and, as appropriate, on the field for example during stoppages in play.
- Do not shake hands with team- mates or opposing players.
- We hope to have the bar and kitchen open for refreshments on a social distanced basis. Please wear a mask in indoor areas.
- In line with Government requirements, WRUFC is not serving after match meals at this current time.
- If you have any concerns or questions, please address these to your coach in the first instance.

Coaches

Please ensure that the COVID-19 coaching risk assessment is maintained & up to date & all interested parties are briefed & aware of the guidance.

Please ensure this information is shared with host & visiting clubs.

Contact me if you need any further advice or information.

Stay safe!